

Little R & R

Count: 64 Wall: 4 Level: Improver

Choreographer: Rob Fowler (Feb 2012)

Music: Little Bit of Rock N Roll - Johnathon East.Cd: One Horse Town



Intro: Start on main vocals (BPM 180)

SEC1: Grapevine Right, Side Step, Touch, Side Step, Touch

- 1-4 Step Right to Right Side, Step Left Behind Right, Step Right to Right Side, Touch Left next to Right
- 5-8 Step Left to Left Side, Touch Right next to Left, Step Right to Right Side, Touch Left next to Right(12;00)

SEC2: Grapevine Left ¼ turn, Touch Forward, Clap, Touch Back, Clap

- 1-4 Step Left to Left Side, Step Right Behind, Make ¼ turn Left onto Left, Brush Right(9;00)
- 5-8 Touch Right Heel Forward, Clap, Touch Right Toe Back, Clap

SEC3: Touch Right Forward, Side, Behind, Step Right to Right Side, Touch Left Behind Right, Step Left to Left Side, Stomp Right Twice

- 1-4 Touch Right Toe Forward, Touch right to Right Side, Touch Right behind Left, Step Right to Right Side
- 5-8 Touch Left Behind Right, Step Left To Left Side, Stomp Right Next to Left Twice(9;00)

SEC4: Stomp Right to Right Side, Hold 3 Counts, Hip Rolls Anti Clockwise twice

- 1-4 Stomp Right to Right Side, Hold for 3 Counts
- 5-8 Hip Rolls Anti Clockwise (Left, Right) Repeat Again

(RESTART DANCE ON WALL 4)

SEC5: ¼ Turn Left, Chorus line Heel touches Left(Moving Towards 6.00 Playing air guitar Facing 9;00)

- 1-2 Making ¼ turn Left on ball of Left touching Right heel Diagonally forward Right(7;30), Step Right next to Left
- 3-4 Touch Left heel Forward, Step Slightly forward Left,(6;00)
- 5-6 Touch Right heel Diagonally forward Right, (7;30), Step Right next to Left
- 7-8 Touch Left heel Forward, Step Slightly forward Left,(6;00)

SEC6: Rock Step ¼ Turn Weave Right

- 1-4 Rock Right over Left, Recover onto Left making ¼ turn Right, Step Right to Right Side, Cross Left over Right
- 5-8 Step Right to Right Side, Cross Left behind Right, Step Right to Right side, Cross Left over Right

SEC7: Rumba Box Back, Rumba Box Forward

- 1-4 Step Right to Right Side, Step Left next to Right, Step back on Right, Hold
- 5-8 Step Left to Left Side, Step Right next to Left, Step Forward on Left, Hold

SEC8: Rock Step, ½ Turn Right, Hold, Step Left , ½ pivot Turn Right, Step Forward Left, Brush Right

- 1-4 Rock Forward Right, Recover Back on Left, Make ½ Turn Right Stepping forward Right, Hold
- 5-8 Step Forward Left, make 1/2 pivot Turn Right, Step Forward left, Brush Right

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